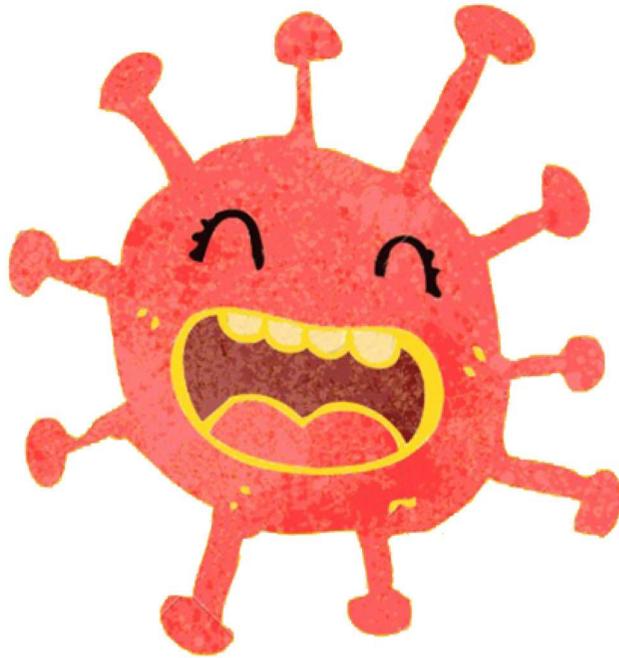
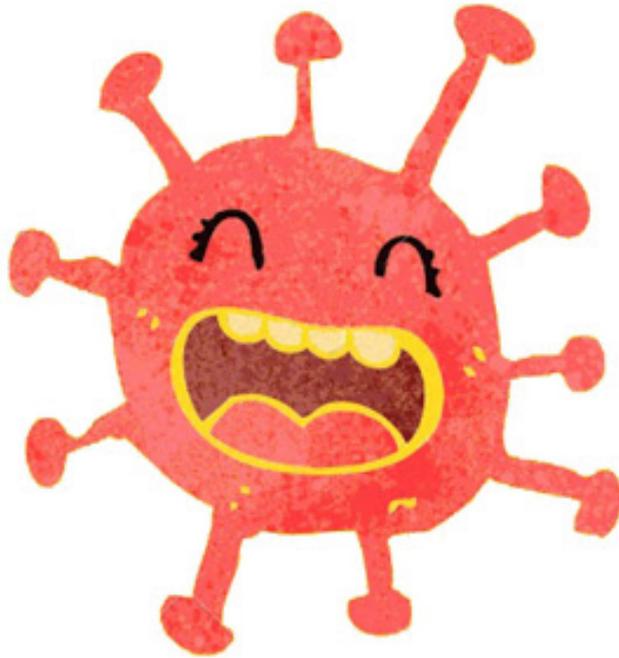


# COVIBOOK

Manuela Molina



Hello! I am a VIRUS, cousins  
with the Flu and the  
Common Cold. My name is  
Coronavirus.





I love to travel... and to  
jump from hand to hand to  
say Hi. High five!



1



2



3



4



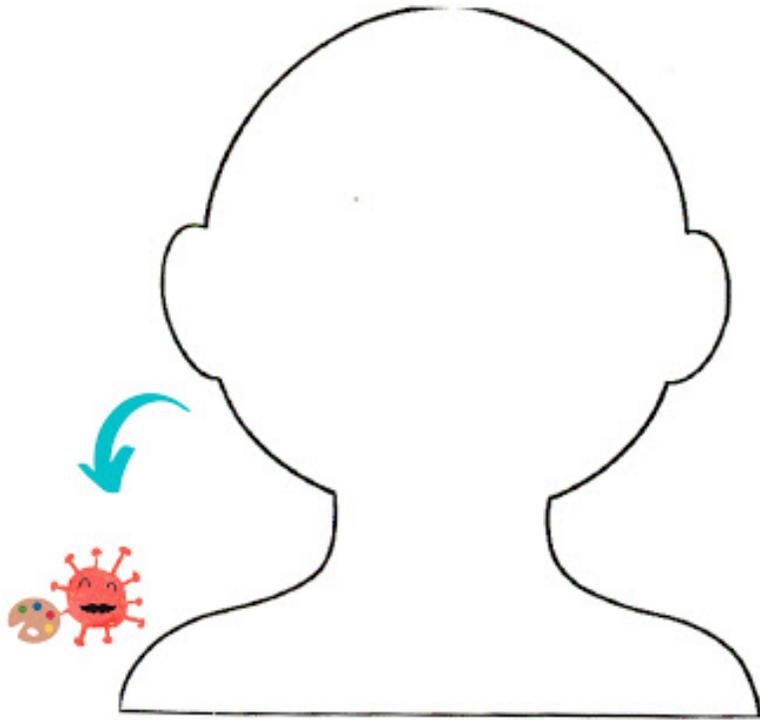
5



6

Have you heard about me? Yes? No? And how do you feel when you hear my name? 1) Relaxed? 2) Confused? 3) Worried? 4) Curious? 5) Nervous? 6) Sad?



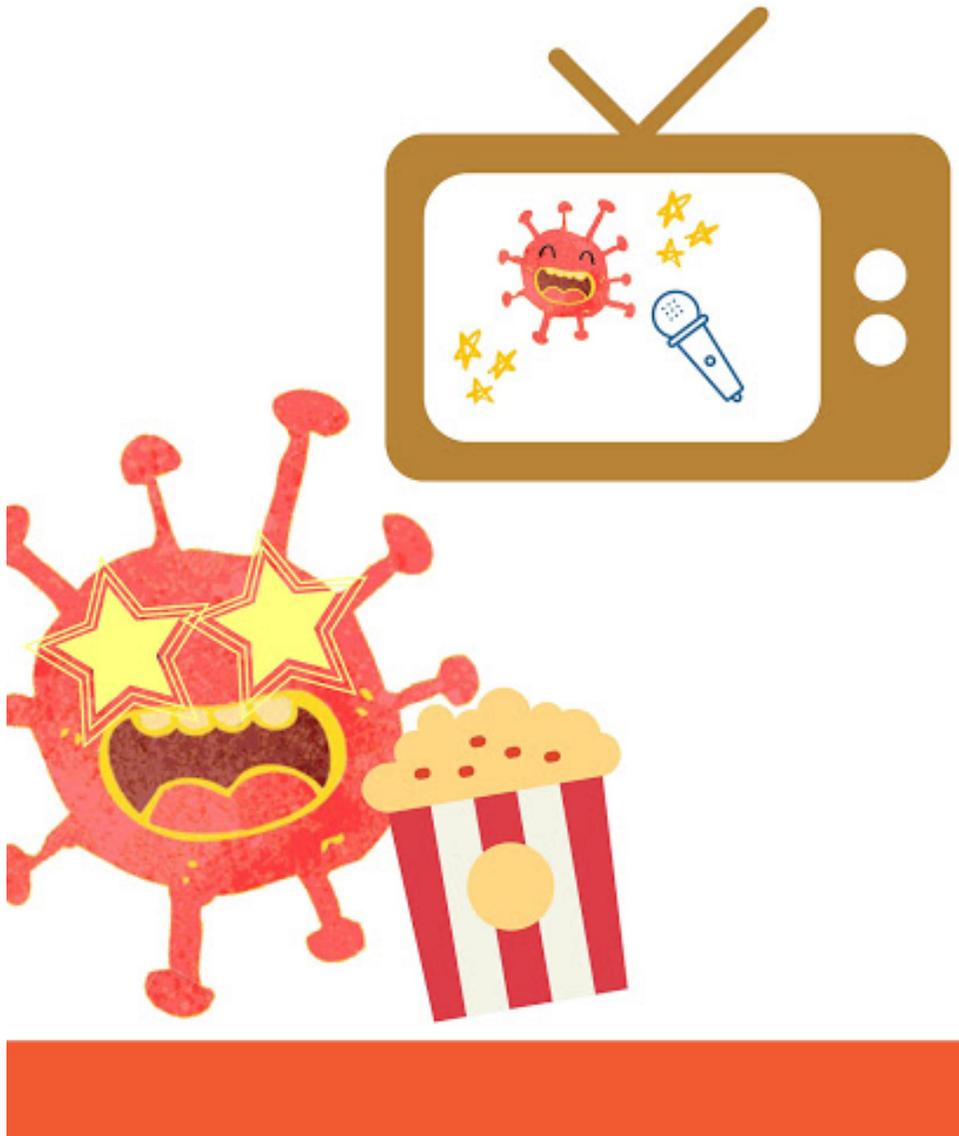


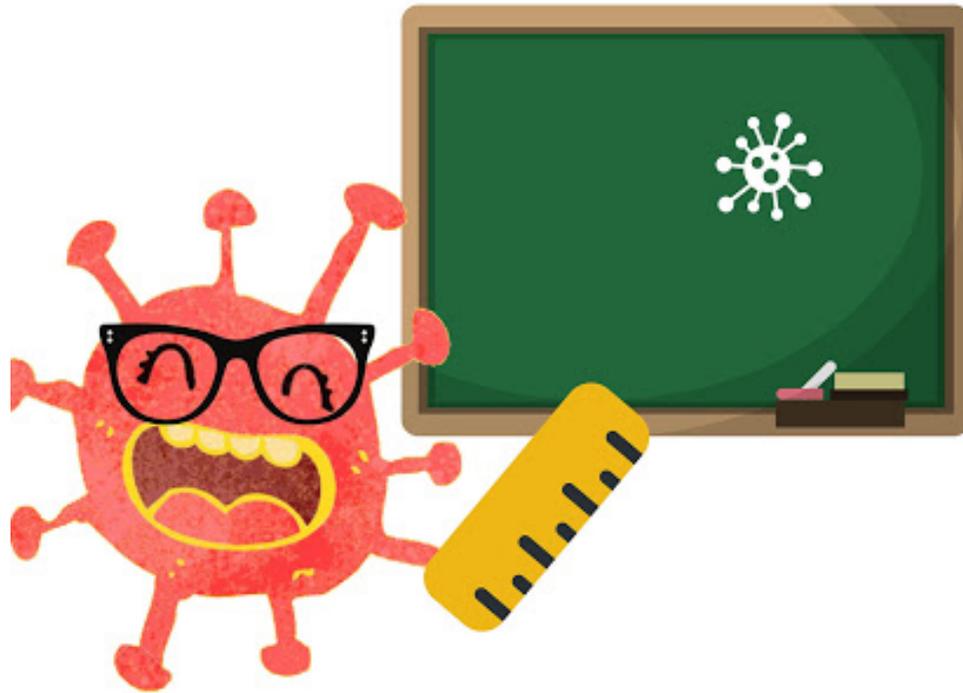
What do you feel about me, the coronavirus? I can understand. I would feel the same way.

(If you have a piece of paper, draw a face that shows how you feel about me.)



Sometimes adults get worried when they read the news or see me on TV.



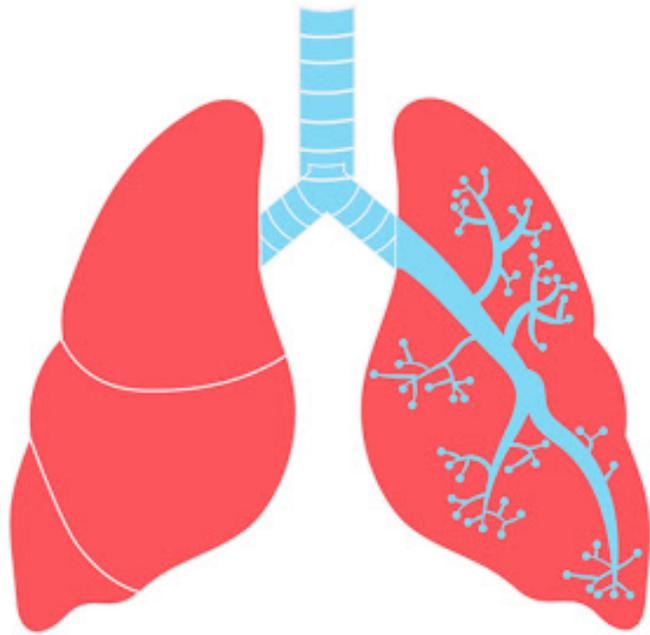


But I  
am going to explain myself  
so you can understand.





When I come to visit, I bring: difficulty breathing, fever, and coughing.



But I don't stay with people for long, and almost everyone gets better, just like when you get a scrape on your knee and it heals. BYE BYE!





Don't you worry!

(Name the adults who take care of you.)

They will keep you safe.

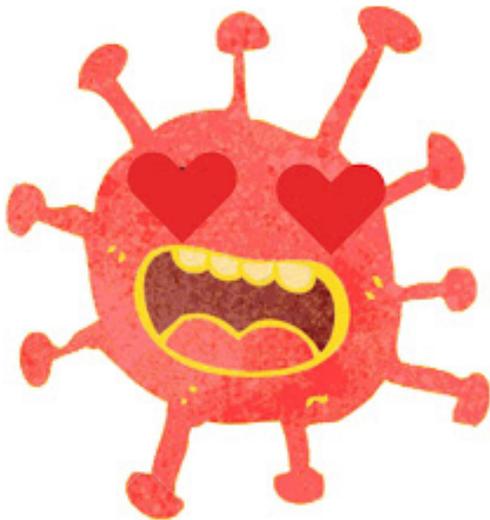


And you can help: 1) By washing your hands with soap and water while singing a song. You can sing your favorite song, the happy birthday song, or the alphabet song.

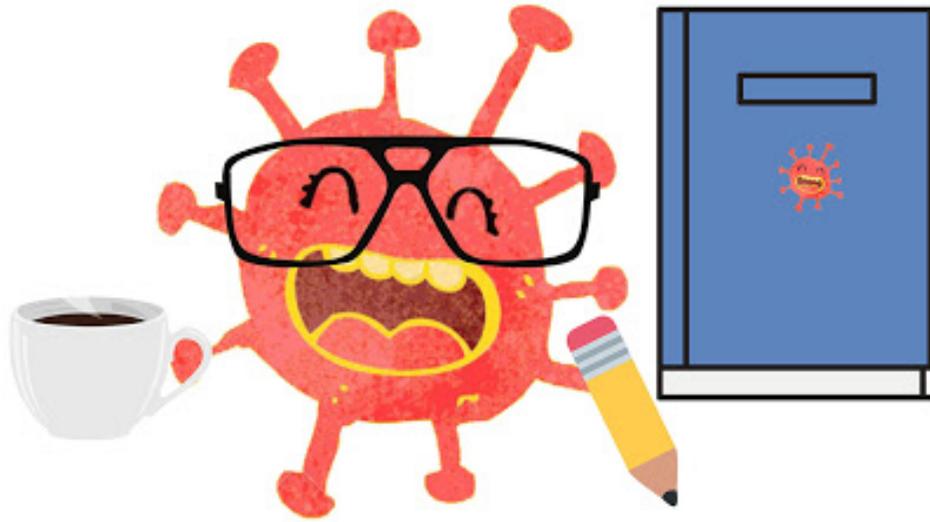
2) By using hand sanitizer and letting it dry on your hands. Without moving them count to 10: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 Once your hands are dry you can get back to playing!!



If you do all that I will not come to visit while the doctors work to find a vaccine that will allow me to say hi without getting you sick.



MANUELA MOLINA - @MINDHEART.KIDS  
WWW.MINDHEART.CO  
CC BY-NC-SA 4.0 INTERNATIONAL PUBLIC LICENSE



**[www.mindheart.co/descargables](http://www.mindheart.co/descargables)**

**Manuela Molina Cruz**  
**Instagram: @mindheart.kids**  
**manuela\_825@hotmail.com**

THE END

Download this PDF at:

[www.mindheart.co/  
descargables](http://www.mindheart.co/descargables)

Author: Manuela Molina  
Cruz

Instagram: @mindheart.kids  
manuela\_825@hotmail.com

Brought to you by



The Asia Foundation

Let's Read! is an initiative of The Asia Foundation's Books for Asia program that fosters young readers in Asia. [booksforasia.org](http://booksforasia.org)

To read more books like this and get further information about this book, visit [letsreadasia.org](http://letsreadasia.org)

Original Story

COVIBOOK, author: Manuela Molina . Published by MindHeart, <https://www.mindheart.co/descargables> © MindHeart.

Released under CC BY-NC-SA 4.0.

This work is a modified version of the original story. © The Asia Foundation, 2020. Some rights reserved. Released under CC BY-NC-SA 4.0.



For full terms of use and attribution, <http://creativecommons.org/licenses/by-nc-sa/4.0/>