



Dholma's Dream

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A seven-year-old little girl named 'Dholma', lives in Himalaya, Nepal. Dholma lives with her grandma, father, mother, little sister, a puppy, a chicken, and a Yak.



'Ting-Ting' A Bell rings from somewhere. Cluck! Cluck! Woof! Woof! Today, Dholma's home is lively as usual.



A bell rings, 'ting-a-ling' It's the sound of Yakko. Yakko carries lots of luggage from a neighboring village almost everyday. Dholma's dad carries lots of luggage with Yakko for a living.



Dholma likes Yakko very much. Every morning Yakko gives delicious milk, and every winter he gives a warm hat and scarf with his fur.



Dholma likes instant noodles. It is long, crunchy , curly and fun.



Dholma eats instant noodles that her dad and Yakko brought. Dholma throws away the wrapping paper in front of the house after eating. Instant noodles are always tasty.





'Oh, I'm tired and hungry.'
Yakko goes to the near by
ground to feed on grass.
Oh! No! The wrapping paper
that Dholma threw away
is mixed in the grass! The
wrapping paper that was
thrown away in the yard
must have flew here by
the wind. Yakko eats the
wrapping paper along with
grass.



Koff Koff! Coff Coff! Yakko is huffing and puffing and keeps coughing. Yakko looks very sick.

Dholma is worried and calls help to dad. Dad looks at Yakko with worry.





Dad makes a trash can and says, 'It looks like Yakko is sick because he ate garbage. From now on, you should throw your garbage in this trash can.'



Yakko keeps coughing until late at night. Dad stays with Yakko. Dholma is very worried about Yakko. Dholma prays to God before she goes to bed. 'Please help Yakko get well.'



At night, Dholma met Yeti in her dream. 'I am often sick these days because of garbage. So are the white Himalayas. Yaks are also sick because of garbage. Please don't throw away garbage on the street.' Yeti told Dholma that they were sick because people throw away garbage anywhere.







Maya, Dholma's sister, is drawing pictures. After drawing, she is throwing the paper on the street. Dholma says, 'You should not throw garbage on the street. It makes Yakko and the mountain sick.' And Dholma picks up the garbage and throws it in the trash can that dad made yesterday.



Dholma ran to Yakko.
Grandma and dad are
taking care of sick Yakko.



Grandma told Dholma, 'Don't worry about Yakko and go to school. we will look over Yakko.' Dholma keeps looking back home while she goes to school.



'Ting-Ting' Dholma runs to Yakko, 'Yakko!' Dholma came home from school and discovers Yakko eating hay. He is well now. She runs to Yakko and gives him a big hug. 'Yakko, I'm sorry. I will not throw away garbage anywhere. You will not be sick anymore.'



'Ting, Ting' In the misty morning Yakko's bell rings throughout the Himalayas.



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