



# Amma, How Do You Make Ghee?

**Author:** Sandhya Taksale

**Illustrator:** Shailja Jain Chougule

**Translator:** Sandhya Taksale



Teena loves ghee on her Puran Poli.  
“Amma, how do we get  
pure and fresh ghee?”

“From soft and white butter.”



“And how do we get butter?”

“By churning sweet and sour curd.”



“And how do we get curd?”



“From rich and creamy milk.”



“And how do we get milk?”

“Kapila, our cow, gives us milk.”



“Why does she give us milk?”

“We give her grass and lots of love.”



“Then?”



“We get milk and you get ghee  
that is pure and fresh.”

A kitchen is like a science laboratory. Many physical and chemical changes take place when we cook. Milk can become a lot of yummy things.

How do you like your milk?





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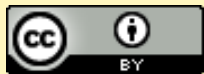
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# Amma, How Do You Make Ghee?

(English)

Teena loves ghee, especially on her favourite Puran Poli. But where does ghee come from?

This is a Level 1 book for children who are eager to begin reading.



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